

Appendix 1: Zone Analysis

Source Journal	Total References from Source	Zone
<i>Physical Therapy</i>	1934	1
<i>Archives of Physical Medicine and Rehabilitation</i>	1305	1
<i>Cochrane Database of Systematic Reviews</i>	659	1
<i>Pain</i>	636	1
<i>PLOS One</i>	598	1
<i>Journal Of Orthopaedic and Sports Physical Therapy</i>	597	1
<i>Disability and Rehabilitation</i>	583	1
<i>British Medical Journal (BMJ)</i>	572	1
<i>Clinical Rehabilitation</i>	567	1
<i>Spine</i>	546	1
<i>Journal of Physiotherapy</i>	464	1
<i>British Journal of Sports Medicine</i>	460	1
<i>BMC Musculoskeletal Disorders</i>	420	1
<i>Journal of Clinical Epidemiology</i>	407	1
<i>Lancet</i>	405	1

<i>Manual Therapy</i>	397	2
<i>Gait and Posture</i>	390	2
<i>Physiotherapy Theory and Practice</i>	384	2
<i>Journal of the American Medical Association (JAMA)</i>	364	2
<i>Physiotherapy Canada</i>	361	2
<i>Physiotherapy United Kingdom</i>	344	2
<i>Medicine and Science in Sports and Exercise</i>	334	2
<i>Journal of the American Geriatrics Society</i>	331	2
<i>Stroke</i>	323	2
<i>Neurorehabilitation and Neural Repair</i>	314	2
<i>Developmental Medicine and Child Neurology</i>	309	2
<i>Arthritis Care and Research</i>	290	2
<i>Journal of Rehabilitation Medicine</i>	268	2
<i>American Journal of Physical Medicine and Rehabilitation</i>	266	2
<i>Physiotherapy</i>	264	2
<i>Journal of Pain</i>	242	2

<i>Clinical Journal of Pain</i>	241	2
<i>Journals of Gerontology Series A Biological Sciences and Medical Sciences</i>	240	2
<i>New England Journal of Medicine</i>	221	2
<i>European Spine Journal</i>	216	2
<i>Neurourology and Urodynamics</i>	206	2
<i>European Journal of Pain United Kingdom</i>	204	2
<i>Annals of Internal Medicine</i>	196	2
<i>Australian Journal of Physiotherapy</i>	189	2
<i>Osteoarthritis and Cartilage</i>	188	2
<i>American Journal of Sports Medicine</i>	184	2
<i>Neurology</i>	184	2
<i>Age and Ageing</i>	177	2
<i>European Respiratory Journal</i>	176	2
<i>BMC Health Services Research</i>	174	2
<i>Journal of Physical Therapy Education</i>	167	2
<i>Chest</i>	166	2

<i>Journal of Physical Therapy Science</i>	166	2
<i>Sports Medicine</i>	164	2
<i>Journal Of Manipulative and Physiological Therapeutics</i>	161	2
<i>Pediatric Physical Therapy</i>	159	2
<i>Clinical Biomechanics</i>	152	2
<i>Journal of Neurologic Physical Therapy</i>	148	2
<i>Clinical Orthopaedics and Related Research</i>	147	2
<i>American Journal of Respiratory and Critical Care Medicine</i>	144	2
<i>Academic Medicine</i>	143	2
<i>Movement Disorders</i>	143	2
<i>Musculoskeletal Science and Practice</i>	141	2
<i>Physiotherapy Research International</i>	138	2
<i>European Journal of Physical and Rehabilitation Medicine</i>	137	3
<i>Thorax</i>	137	3
<i>Critical Care Medicine</i>	135	3
<i>Spine Journal</i>	135	3

<i>PM and R (PM&R)</i>	134	3
<i>Implementation Science</i>	133	3
<i>Brazilian Journal of Physical Therapy</i>	132	3
<i>Journal of Bone and Joint Surgery</i>	132	3
<i>Journal of Applied Physiology</i>	131	3
<i>Patient Education and Counseling</i>	128	3
<i>Supportive Care in Cancer</i>	128	3
<i>International Urogynecology Journal</i>	127	3
<i>Medical Education</i>	127	3
<i>Annals of the Rheumatic Diseases</i>	126	3
<i>Quality of Life Research</i>	126	3
<i>Journal of Shoulder and Elbow Surgery</i>	122	3
<i>Topics in Stroke Rehabilitation</i>	122	3
<i>BMC Medical Research Methodology</i>	121	3
<i>Journal of Biomechanics</i>	120	3
<i>Knee Surgery Sports Traumatology Arthroscopy</i>	119	3

<i>Scandinavian Journal of Medicine and Science In Sports</i>	118	3
<i>Journal of Rehabilitation Research and Development</i>	117	3
<i>Journal of Bodywork and Movement Therapies</i>	110	3
<i>Osteoporosis International</i>	110	3
<i>Respiratory Medicine</i>	105	3
<i>Journal of Medical Internet Research</i> begincenter3	104	
<i>Journal of Electromyography and Kinesiology</i>	103	3
<i>BMC Geriatrics</i>	102	3
<i>BMC Public Health</i>	102	3
<i>Journal of Advanced Nursing</i>	100	3
<i>Journal of Arthroplasty</i>	99	3
<i>Circulation</i>	98	3
<i>Journal of Strength and Conditioning Research</i>	98	3
<i>European Journal of Applied Physiology</i>	97	3
<i>Journal of Rheumatology</i>	97	3
<i>Neurorehabilitation</i>	97	3

<i>Pediatrics</i>	97	3
<i>Archives of Internal Medicine</i>	96	3
<i>European Journal of Pain</i>	94	3
<i>Physical Therapy Reviews</i>	91	3
<i>Journal of Geriatric Physical Therapy</i>	88	3
<i>Lancet Neurology</i>	88	3
<i>Intensive Care Medicine</i>	87	3
<i>International Journal of Environmental Research and Public Health</i>	87	3
<i>Journal Of Neuroengineering and Rehabilitation</i>	87	3
<i>Medical Care</i>	86	3
<i>Research in Developmental Disabilities</i>	86	3
<i>Journal of Hand Therapy</i>	84	3
<i>Journal of Aging and Physical Activity</i>	83	3
<i>Physical And Occupational Therapy in Pediatrics</i>	82	3
<i>Brain Injury</i>	81	3
<i>Social Science and Medicine</i>	81	3

<i>Journal of Science and Medicine in Sport</i>	80	3
<i>Pain Medicine United States</i>	79	3
<i>Experimental Brain Research</i>	78	3
<i>Journal of Manual and Manipulative Therapy</i>	78	3
<i>Critical Care</i>	77	3
<i>American Journal of Public Health</i>	76	3
<i>Journal of Athletic Training</i>	76	3
<i>Journal of the American Medical Directors Association</i>	76	3
<i>Lymphatic Research and Biology</i>	76	3
<i>Journal of General Internal Medicine</i>	74	3
<i>Journal of Clinical Oncology</i>	73	3
<i>Journal of Neurology</i>	72	3
<i>Health And Quality of Life Outcomes</i>	69	3
<i>International Journal of Sports Physical Therapy</i>	69	3
<i>Muscle and Nerve</i>	69	3
<i>Journal of Allied Health</i>	67	3

<i>Brain</i>	66	3
<i>Rheumatology</i>	66	3
<i>International Journal of Behavioral Nutrition And Physical Activity</i>	65	3
<i>Journal of Neurophysiology</i>	64	3
<i>Parkinsonism and Related Disorders</i>	64	3
<i>Respiratory Care</i>	64	3
<i>Cancer</i>	62	3
<i>Trials</i>	62	3
<i>Journal of Neuroscience</i>	61	3
<i>Journal of Pain and Symptom Management</i>	60	3
<i>Aging Clinical and Experimental Research</i>	59	3
<i>Breast Cancer Research and Treatment</i>	59	3
<i>American Journal of Occupational Therapy</i>	58	3
<i>Biomed Research International</i>	57	3
<i>Frontiers in Neurology</i>	54	3
<i>Journal of Orthopaedic Research</i>	53	3

<i>Journal of Autism and Developmental Disorders</i>	52	3
<i>Journal of Neurology Neurosurgery and Psychiatry</i>	51	3
<i>American Journal of Preventive Medicine</i>	50	3
<i>Scientific Reports</i>	50	3
<i>Medical Teacher</i>	49	3
<i>Medical Journal of Australia</i>	48	3
<i>Early Human Development</i>	47	3
<i>Health Affairs</i>	47	3
<i>Diabetes Care</i>	45	3
<i>Frontiers in Psychology</i>	45	3
<i>Journal of Hand Surgery</i>	45	3
<i>American Journal of Obstetrics and Gynecology</i>	44	3
<i>Journal of Telemedicine and Telecare</i>	43	3
<i>Prosthetics and Orthotics International</i>	43	3
<i>Statistics in Medicine</i>	43	3
<i>Journal of Clinical Medicine</i>	42	3

<i>Plos Medicine</i>	42	3
<i>Australian Health Review</i>	40	3
<i>International Journal of Cardiology</i>	40	3
<i>Journal of Cardiopulmonary Rehabilitation and Prevention</i>	40	3
<i>Respirology</i>	40	3
<i>Chronic Respiratory Disease</i>	39	3
<i>Best Practice and Research Clinical Rheumatology</i>	38	3
<i>BMC Medical Education</i>	36	3
<i>International Journal of Nursing Studies</i>	36	3
<i>International Journal of Therapy And Rehabilitation</i>	34	3
<i>JAMA Internal Medicine</i>	30	3
<i>Musculoskeletal Care</i>	29	3
<i>Clinical Interventions in Aging</i>	28	3
<i>Journal of Evaluation in Clinical Practice</i>	28	3
<i>BMC Medicine</i>	27	3
<i>CMAJ Canadian Medical Association Journal</i>	26	3

<i>International Journal of Rehabilitation Research</i>	26	3
<i>International Journal of Stroke</i>	26	3
<i>Obstetrics And Gynecology</i>	26	3
<i>BMC Neurology</i>	21	3
<i>BMJ Clinical Research Ed</i>	21	3
<i>Acta Orthopaedica</i>	19	3
<i>Archives of Gerontology and Geriatrics</i>	18	3
<i>Pain Research and Management</i>	17	3
<i>Annals of the American Thoracic Society</i>	16	3
<i>Journal of Back and Musculoskeletal Rehabilitation</i>	16	3
<i>Journal of Critical Care</i>	16	3
<i>British Journal of Anaesthesia</i>	15	3
<i>Canadian Journal of Occupational Therapy</i>	15	3
<i>Health Technology Assessment</i>	15	3
<i>Preventive Medicine</i>	15	3
<i>British Journal of General Practice</i>	14	3

<i>International Journal of Epidemiology</i>	14	3
<i>Journal of Cystic Fibrosis</i>	14	3
<i>Value in Health</i>	14	3
<i>Acta Obstetrica et Gynecologica Scandinavica</i>	13	3
<i>Jornal Brasileiro de Pneumologia</i>	13	3
<i>Nurse Education Today</i>	13	3
<i>Qualitative Health Research</i>	13	3
<i>Research Synthesis Methods</i>	13	3
<i>Shoulder and Elbow</i>	13	3
<i>Advances in Health Sciences Education</i>	12	3
<i>Arthroscopy Journal of Arthroscopic and Related Surgery</i>	12	3
<i>Clinical Rheumatology</i>	12	3
<i>COPD Journal of Chronic Obstructive Pulmonary Disease</i>	12	3
<i>European Journal of Cardio Thoracic Surgery</i>	12	3
<i>International Journal of Sports Medicine</i>	12	3
<i>Journal of Intellectual Disability Research</i>	12	3

<i>Journal of Interprofessional Care</i>	12	3
<i>Lancet Respiratory Medicine</i>	12	3
<i>American Journal of Epidemiology</i>	11	3
<i>American Journal of Kidney Diseases</i>	11	3
<i>Canadian Family Physician</i>	11	3
<i>International Journal of COPD</i>	11	3
<i>Journal of Occupational Rehabilitation</i>	11	3
<i>Journal of Stroke and Cerebrovascular Diseases</i>	11	3
<i>Journal of Urology</i>	11	3
<i>Lymphology</i>	11	3
<i>BMC Pulmonary Medicine</i> 10 3		
<i>Child Care Health and Development</i>	10	3
<i>Clinical Journal of Sport Medicine</i>	10	3
<i>European Journal of Cancer Care</i>	10	3
<i>European Urology</i>	10	3
<i>Experimental Gerontology</i>	10	3
<i>International Journal of Geriatric Psychiatry</i>	10	3

<i>Physical Therapy in Sport</i>	10	3
<i>Systematic Reviews</i>	10	3
<i>Australian Occupational Therapy Journal</i>	9	3
<i>Family Practice</i>	9	3
<i>International Journal for Quality in Health Care</i>	9	3
<i>Journal of Head Trauma Rehabilitation</i>	9	3
<i>Journal of Psychosomatic Research</i>	9	3
<i>Journal of Sports Sciences</i>	9	3
<i>Acta Oncologica</i>	8	3
<i>Human Movement Science</i>	8	3
<i>Journal of Personality and Social Psychology</i>	8	3
<i>Journal of Physical Activity and Health</i>	8	3
<i>Nurse Education in Practice</i>	8	3
<i>Pharmacoeconomics</i>	8	3
<i>Seminars in Arthritis and Rheumatism</i>	8	3
<i>Australian Journal of Rural Health</i>	7	3